



Sicily

Food, wine & culture

June 7 - 14, 2020



What to expect

“After centuries of stagnation the Mediterranean’s biggest and most historically fascinating island is now Italy’s most vital and improved wine region.”

Hugh Johnson, The World Atlas of Wine

Sicily is a delightful island set in the sparkling seas of the Mediterranean, as famous for its food as for its diverse cultural legacy that spans the ancient Greeks to the Spanish.

June is the perfect time of the year to see the island in all its glory. Along with fantastic wine visits we also get to taste homemade food, eat in a Michelin star restaurant as well as enjoying some spectacular cultural highlights. Undoubtedly this trip to Sicily is bound to exhilarate the senses of any food and wine lover.

Highlights

- Michelin star dinner in Palermo
- Walking tour of Palermo
- Traditional Sicilian family made lunch
- Marsala tasting at top producer
- Stroll and gelato in Trapani
- Cookery class at top winery
- Visit world’s largest archaeological site
- Chocolate tasting in Modica
- Drink wine on the slopes of Mount Etna
- Visit the crater of Mount Etna
- Many top class winery visits

Winery visits

Baglio Soria, Pellegrino, Donnafaguta, Planeta, Arianna Occhipinti, Benanti, Romeo del Castello, La Gelsomina



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Trip Itinerary

Day 1 Sunday 7th June

Welcome reception followed by dinner in 1 star Michelin Restaurant, Palermo

Day 2 Monday 8th June

Enjoy a city and market walking tour in Palermo to gain an insight into the colours and flavours of Sicilian cuisine.

Tasting, visit and lunch at Firriato Baglio Soria with the Di Gaetano family, pioneers of native Sicilian grape varieties. Afterwards we arrive in Erice and settle into our rooms at the Hotel Elimo, a very elegant hotel in the old town within the city walls.

Dine in Erice at the typical and very tasty La Pentolaccia restaurant, a good place to try local specialties like the local sardine and fennel pasta.

Day 3 Tuesday 9th June

After breakfast we travel out across the salt flats to the Marsala region at the legendary Pellegrino. Cantine Pellegrino is a longstanding local producer of fine still and fortified wines, where we get the chance to tour the winery and see the process used to make Marsala wines.

Travel the short distance to Donnafugata where we enjoy a guided tour of the historic winery and cellars and then enjoy a tasting of some of the iconic wines of Donnafugata, before we adjourn



for a Sicilian lunch accompanied with wines of the property. Return to Erice via the port town of Trapani for an afternoon stroll and maybe gelato.

Day 4 Wednesday 10th June

We enjoy a hands on cooking class with the Planeta family where we will make a five course lunch, mastering the local recipes at La Foresteria.

Visit the largest archaeological site in the world, at Valley of the Temples which is one of the most outstanding examples of Greater Greece architecture. Ragusa is our base for the next 2 nights. Dinner in Ragusa

Day 5 Thursday 11th of June

Visit and tasting at Cerasuolo di Vittoria, Sicily's only DOCG. Traditional Sicilian family lunch at Baglio Occhipinti. Afternoon chocolate tasting in Modica is famous for its "Cioccolato di Modica" made from an ancient Aztec recipe. Free evening in Ragusa

Day 6 Friday 12th June

Visit and lunch at historic wine producers Benanti on the fertile volcanic slopes of Mount Etna.

Drive up the fertile slopes of Etna to the Silvestri crater to enjoy the commanding view of the straits of Messina and on a clear day you can see the Italian mainland.

Taormina is our base for the next 2 nights. A delightful hill top town on the East coast of Sicily, Taormina is famous for its Greco-Roman theatre.

Day 7 Saturday 13th June

Visit and Tasting at Fattoria Romeo del Castello which was affected badly by the 1981 Etna eruption. Visit tasting and lunch La Gelsomina Amphitheatre of Vines with the dramatically stunning backdrop of Etna. Dinner Villa Antonio.

Day 8 Sunday 14th June

After breakfast depart Taormina to Catania Airport and end of tour.

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\$4500 per person double occupancy

**\$750 single supplement
\$500 deposit per person**

Included

- 1 night Quinto Canto, Palermo
- 2 nights at the Hotel Elymo, Erice
- 2 nights San Giorgio Palace, Ragusa
- 2 nights Grand Miramare Hotel, Taormina
- Private transport by luxury coach
- Tour manager
- Breakfast daily; 6 lunches/ 5 dinners
- Visits and activities as specified

Not included

Airfare and flights; meals not mentioned above; travel insurance, gratuities for guides



Contact us to sign up for this trip

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